



FIRST STAGE
THEATER IN EDUCATION
AT HOME



DEAR FAMILIES AND TEACHERS,

Welcome to First Stage's online Education resource page. Every Tuesday, First Stage's Education Department will upload new content based on past First Stage productions for families to explore together. Each week we will include games and activities meant to spark imagination and dramatic play in new and engaging ways. These resources are free for you to use, and we encourage you to share these activities with others who you think would like to play along! Share your dramatic play shots with us at **#FSathome**

PINKALICIOUS

Pinkalicious, a girl who loves pink, cannot quit eating her favorite pink cupcakes! Despite her parents' warnings, she sneakily eats more cupcakes. The next morning, Pinkalicious' brother, Peter, tells her she has turned completely pink. Pinkalicious is so excited! The family goes and sees Dr. Wink, who diagnoses Pinkalicious with Pinkitus. The only cure is to eat green foods. Pinkalicious will not eat the green foods. Instead she finds and eats another pink cupcake in the middle of the night! The next morning, she wakes up and is now RED! With the help of her brother, Peter, Pinkalicious finally eats healthy green foods and is cured of her Pinkitus!



WATCH A CLIP OF FIRST STAGE'S PRODUCTION OF *PINKALICIOUS*

LET'S TALK ABOUT IT!

- Pinkalicious loves the color pink and eating pink cupcakes. What is your favorite color and favorite food that is that color?
- Pinkalicious has a brother Peter that helps her when she is in trouble. Who can you count on to help you when you get into a sticky situation?
- PINKALICIOUS THE MUSICAL is a play that is based on a series of books. have you read the books before? What parts of the book are your favorites? If you haven't read the books, what do you think the story Pinkalicious will be about?

CELERY SCIENCE

ACTOR TOOLS: Body, Concentration, Cooperation

TIME: Preparing experiment: 10-15 minutes

Total experiment length: 2 days

MATERIALS: 6 long stalks of celery, Chopping board, Knife, Food coloring, 6 drinking glasses, Water, Vegetable peeler

NUMBER OF PLAYERS: 2+



Pinkalicious must eat green foods to cure her Pinkitius, but she does not want to. Let's do this science experience to see if we can spruce up this green celery and create a colorful healthy option. Celery, like a lot of healthy food is grown as a plant. Plants get water through their roots. Inside the plants are capillaries that allow the water to travel through the plant. These capillaries act like a "straw" for the plants. You can witness the celery drink up the water over an extended period. What do you think will happen if we use colorful water? Let's try it and see!

CONTINUED ON NEXT PAGE

#FSathome

CELERY SCIENCE

DIRECTIONS:

1. Cut the pieces of celery to the same length, tall enough to fit into the glasses so they will be completely submerged by water. Make sure to chop off the bottom and the top at the leafy part so you are left with the stalks.
2. Fill each of your 6 glasses with an equal amount of water, about 3 inches from the top.
3. Add 10 drops of red food coloring each to 3 of the cups. Add 10 drops of blue food coloring to each of the remaining 3 cups.
4. Place one piece of celery into each glass. After this step you'll have 6 cups, 3 with red coloring and 3 with blue coloring and each glass with a stalk of celery submerged in it.
5. After 2 hours, take one stalk of celery out of a glass with blue food coloring. Has the color of the celery changed? Use your vegetable peeler to peel the stalk of celery and see how far the change has gone.
6. Remove a stalk of celery at the intervals of 2 hours, 4 hours, 8 hours, 24 hours, and 48 hours. Use your vegetable peeler to peel back the celery and see how the color has changed!

RAINBOW HOKEY POKEY



ACTOR TOOLS: Body, Concentration

TIME: 5-10 minutes

MATERIALS: None!

NUMBER OF PLAYERS: 1+

Pinkalicious loved pink. She loved it so much, she wore pink all the time! We all wear a lot of different colors from our head to our feet. What colors are you wearing today? Watch the video to join one of our Teaching Artists in a song based on the colors you are wearing today. Pay attention so you do not miss your turn to jump up and dance to the Rainbow Hokey Pokey!

DIRECTIONS:

1. Start by sitting criss-cross applesauce.
2. Take a moment and notice what colors you are wearing today. Don't forget your socks, shoes, or anything on your head.
3. When you play the video, the teaching artist will sing the Rainbow Hokey Pokey. In each verse, a color will be chosen.
4. If you are wearing that color ANYWHERE, even just a little bit, you get to jump up and dance until that verse is over.
5. Quick, sit back down before the next verse starts.
6. If you are not wearing the color in a certain verse, you get to clap and sing along until the next verse starts and a new color is chosen.
7. At the end of the song, we will ALL get to jump up and dance together!

COLOR DETECTIVE



ACTOR TOOLS: Body, Concentration

TIME: 5-10 minutes

MATERIALS: None!

NUMBER OF PLAYERS: 2+

Colors are all around us. Some things only have one color and some things are made up of a lot of different colors. Look around the room. Have you ever noticed how many different colors are around you? We are going to play a guessing game using the colors we see. This game is about being a little tricky! Can you stump the color detective?

DIRECTIONS:

1. Look around the room using only your eyes. Find an object that you would want the other color detective to guess.
2. DON'T tell them what the object is or point to it. That would be too easy!
3. Instead, once you found the object with your eyes, you will say this little chant:

Colors, Colors, All around
There is something that I found.
It is (list the color(s) here) and hides close by.
You might guess it if you try!

4. Now the detective gets to look around the room and try and guess the color object you chose.
5. If they figure it out, it is their turn to choose the object and your turn to guess!

BERRY SMASH MUFFINS

ACTOR TOOLS: Body, Concentration, Cooperation

TIME: 25-30 minutes

MATERIALS: Muffin ingredients, Oven, Muffin baking pan, Muffin cups/something grease pan, Spoon, Fork

NUMBER OF PLAYERS: 2+ (*ask a grown-up for help*)

Pinkalicious turns pink because she cannot stop eating delicious pink cupcakes. She does not want to eat healthy food, but healthy food can be just as delicious. Below you will find a recipe for a pink berry muffin that is a healthy-but scrumptious-alternative to Pinkalicious' pink cupcakes. Have an adult help you mix and bake these muffins. Then enjoy a healthy but delicious treat together!

INGREDIENTS:

1 2/3 cups fresh strawberries
(you can use frozen strawberries that you have thawed and drained.)

2/3 cup sugar

1/3 cup vegetable oil

2 eggs

1 1/2 cups all-purpose flour

1/2 teaspoon baking soda

1/2 teaspoon salt

1/2 teaspoon cinnamon

DIRECTIONS:

1. Heat oven to 425 f.
2. Put a paper baking cup in each of 12 regular-size muffin cups, or grease just the bottoms of 12 muffin cups.
3. Slightly smash strawberries in large bowl, using a fork.
4. Stir in sugar, oil and eggs until mixed.
5. Stir in other ingredients just until moistened.
6. Spoon batter into muffin cups.
7. Bake 15 to 18 minutes or until light golden brown or toothpick poked in center comes out clean.
8. Cool 5 minutes. It is so hard to wait!
9. Loosen sides of muffins from pan if needed and take them out of the pan. Makes 12 muffins.



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