

## KRISTIN ANDERSON-LOPEZ & ROBERT LOPEZ

**BOOK BY** 

ORIGINALLY DIRECTED ON BROADWAY BY

JENNIFER LEE MICHAEL GRANDAGE

BASED ON THE DISNEY FILM WRITTEN BY JENNIFER LEE AND DIRECTED BY CHRIS BUCK & JENNIFER LEE

ORIGINALLY PRODUCED ON BROADWAY BY DISNEY THEATRICAL GROUP



### DEAR FIRST STAGE FRIENDS,

In the beautiful mountainous kingdom of Arendelle, Princesses Anna and Elsa grow up sheltered inside their castle, isolated from the world. When Elsa is crowned queen, the magical powers she has desperately tried to conceal take control, and she flees into the mountains. As a ferocious winter descends, Anna sets off on an epic journey to find Elsa and bring her home – with the help of hardworking ice harvester Kristoff, his loyal reindeer Sven, and a happy-go-lucky snowman named Olaf. Full of magic, humor, and a stunning musical score, Frozen is a powerful tale of sisterhood, acceptance, and finding the real meaning of true love.

Enjoy the show,

Brinn Hill

**Education Director** 

Brinn Hill

(414) 267-2919

bhill@firststage.org

### **CONTENT ADVISORY**

## Recommended for families with young people ages 8-18 and determined adventurers of all ages!

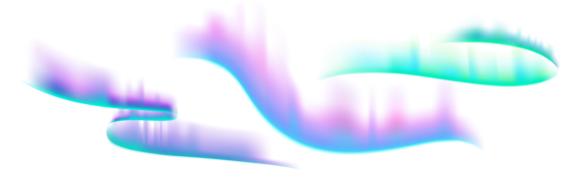
Every young person is different and may or may not be ready for certain elements of each production. Read more about this show's age recommendation below.

Audiences will be enchanted by this musical story of friendship, sisterhood, and true love.

The performance is expected to run approximately 2 hours and 20 minutes including a brief intermission - very young audiences may have difficulty staying connected for the full length of the show as the musical is longer than the movie it's based upon.

The show explores the relationships between family members and friends; audiences may feel anxious as Anna and Elsa experience these difficult situations, but will learn the real definition of true love, and how to empathize and understand others along the way.

There will be moving lights, fantasy violence, magic, puppets, and loud music and sounds that may be overwhelming for those with sensory sensitivities. We offer sensory friendly performances and sensory kits for patrons who may need them.



#### <u>Act 1</u>

Our story begins in Arendelle with a summer festival. Young Anna and Young Elsa are getting ready, and playing together with Elsa's magic. Queen Iduna reminds Elsa that she must keep her magic a secret. The townspeople sing about how much they love the royal family, especially the young princesses (OPENING).

The King and Queen put Anna and Elsa to bed in their bedroom, but Anna wants to stay awake and build a snowman! The sisters build a snowman from things in their toybox. They play with Elsa's magic, but Anna is struck in the head! (A LITTLE BIT OF YOU). Elsa calls her parents, and they hurry into the room. The Queen calls The Hidden Folk, and they remove the magic from Anna, even the magic in her memories (FIRST JOIK). Elsa asks for them to remove her magic too, but they tell her they cannot; her magic is a part of her. Elsa says she's afraid of what she might do with her magic; that she's a monster (NORTHERN LIGHTS). The Hidden Folk leave, warning that fear will be Elsa's enemy, and the King and Queen resolve to protect Elsa. Queen Iduna gives Elsa her gloves, and King Agnarr declares that they'll close the palace gates and keep Elsa hidden from everybody, even from Anna.

Young Anna skips through the hallway, and knocks on Elsa's door, asking her sister to build a snowman. In her room Young Elsa is practicing concealing her magic with King Agnarr. Time passes, and Young Anna still wants Elsa to play with her.

Elsa tells her parents that her magic is getting stronger, and she's having more difficulty controlling it. The King and Queen are leaving to search for answers to help Elsa. The King and Queen are lost at sea, and The Bishop declares that Arendelle will honor their ways until Elsa comes of age. Time passes, and Anna, older now, knocks on Elsa's door once again. Elsa doesn't answer Anna, but sings to herself (DO YOU WANT TO BUILD A SNOWMAN?).

On Elsa's coronation day Anna gets ready with the help of hand maidens. She imagines what her life will be like once the palace gates are open. Elsa reminds herself to conceal, don't feel. The townspeople are excited to enter the palace for the first time in forever. Hans and the Duke of Weselton arrive, and Kristoff and Sven haul ice (FOR THE FIRST TIME IN FOREVER). Anna and Hans bump into each other, falling into Kristoff's ice. Kristoff is annoyed, and he and Sven leave, while Anna and Hans have an awkward conversation; introducing themselves to each other (HANS OF THE SOUTHERN ISLES). Anna bids farewell to Hans as she gets ready for the coronation. While the townspeople watch the coronation, Elsa wishes she could show her true self. As the coronation concludes Elsa removes her gloves, and is successful in concealing her magic (DANGEROUS TO DREAM).

At the celebration, Anna and Elsa talk, but it's awkward and uncomfortable until The Duke of Weselton asks Elsa to dance, and Anna gets her out of it, saying...

...that Elsa's a terrible dancer. The sisters enjoy the festivities together. Anna tries to convince Elsa to open the palace again now that she's the queen, but Elsa refused, leaving Anna abruptly. Anna is disappointed but elated when Hans asks her to get some air. Anna and Hans chat, and they begin to get to know each other and begin to fall in love. Hans proposes, and Anna says yes (LOVE IS AN OPEN DOOR). Hans introduces himself to Elsa, and he and Anna ask Elsa for her blessing for their marriage. Elsa is confused, and surprised, telling Anna she can't marry a man she just met. Elsa calls for the celebration to be over, and Anna tries to grab Elsa's hand, but only pulls off her glove. The sisters argue, and Elsa accidentally uses her magic. Anna tries to help her sister, but Elsa runs away as she's called a monster, leaving Arendelle covered in ice. Anna goes after Elsa, leaving Hans in charge.

Kristoff and Sven find themselves caught in a blizzard with nowhere to go for shelter (REINDEERS ARE BETTER THAN PEOPLE). Anna stumbles upon Kristoff and Sven as she searches for Elsa. Kristoff suggests that Elsa is probably on the North Mountain, since that's where the storm is coming from, and offers to help Anna find her. As they begin their journey Anna tells Kristoff that Elsa got upset because of her engagement to Hans. Kristoff is just as surprised and confused as Elsa was, and tells Anna she can't marry a man she just met.

Anna and Kristoff argue as they journey towards the North Mountain (WHAT DO YOU KNOW ABOUT LOVE?). As they continue their journey Anna and Kristoff encounter Olaf, a talking snowman built by Elsa's magic. Kristoff tells Olaf that they're on their way to find Elsa to bring back summer, and Olaf imagines what summer is like (IN SUMMER).

In Arendelle Hans is taking care of the townspeople when he finds out that Anna may be in trouble, and he convinces them to join him in searching for Anna, despite Weselton's protests (HANS OF THE SOUTHER ISLES REPRISE). On the North Mountain Elsa is alone, and she finally lets go, building an ice palace with her magic (LET IT GO).

#### Act 2

Oaken sings about the coziness of hygge, and Anna, Olaf, and Kristoff stop at Oaken's Trading Post and Sauna to get supplies for their journey to the North Mountain (HYGGE). Kristoff, Anna, Olaf and Sven arrive at Elsa's ice palace. Anna introduces Elsa to Kristoff and Sven, and reunites her with Olaf. Elsa reveals her magic to Anna, and reminds her sister that she froze her head when they were little. Elsa tells Anna that she wants to stay in her ice palace alone (LET IT GO REPRISE). Anna tells her sister that she can't lose her (I CAN'T LOSE YOU), and asks her to unfreeze Arendelle. Elsa panics and she loses control of her magic, some of it hitting Anna in the heart.

In an attempt to protect them, Elsa uses her magic to push Anna, Olaf, Kristoff and Sven off the mountain.

Anna and Kristoff find Olaf in pieces, but they rebuild him together (DO YOU WANT TO BUILD A SNOWMAN REPRISE?). Anna says she must go back to Elsa, but Kristoff is worried that Anna is hurt; her hair is turning white. He calls to The Hidden Folk to help (Kristoff Joik). Bulda, Pabbie, and the other Hidden Folk appear, but are distracted by Kristoff and Anna, thinking they're a couple. Kristoff insists that they're not, and The Hidden Folk wonder why (FIXER UPPER). Realizing that Anna's hurt, they do their best to help her. Kristoff worries about Anna (KRISTOFF LULLABY). Pabbie and Bulda tell Kristoff that they can't help her; only an act of true love can thaw a frozen heart. Kristoff decides they have to get Anna back to Hans, and they set off with Sven and Olaf.

Hans, Weselton, and a group of townspeople are climbing the mountain, searching for Anna. As they approach Elsa's ice palace Weselton declares that they should kill the queen onsite (END THIS WINTER). Elsa questions if she really is a monster, but realizes that she must unfreeze Arendelle, and declares that she won't be a monster, surrendering herself to Hans and the others, asking them to bring her to Anna (MONSTER). Elsa is captured, and Anna returns to the palace with Kristoff, Olaf and Sven. A guard takes Anna, Olaf slips in with her, leaving Kristoff and Sven locked out.

In the castle library Anna tells Hans that he must kiss her to thaw her heart. Hans tells Anna that it's too bad nobody who loves her is there, and he reveals that it was his plan all along to kill Elsa, marry Anna and become king ((LULLABY TAG/KING HANS). Olaf finds Anna freezing, and he lights a fire to warm her up, despite the risk it poses to his snowy self. Olaf tells Anna that they must find Kristoff, and the two of them head off to search for him.

In a flurry of snow Hans tells the townspeople that Anna is dead, Elsa killed her, and he is now the king. Hans accuses Elsa of treason, but she escapes, escalating the blizzard. Anna and Kristoff try to find each other. Hans finds Elsa in the chaos and tells her that she froze Anna's heart, and she's dead. Elsa collapses, and the storm stops. Anna sees Kristoff, but she also sees Hans about to strike Elsa with her sword. Anna throws herself between them, and she freezes and Hans is knocked out (COLDER BY THE MINUTE). Elsa is distraught, and hugs her sister, crying. Anna begins to thaw, and Olaf reminds them that only an act of true love can thaw a frozen heart. Elsa begins to thaw Arendelle, and Anna and Kristoff reunite. Hans begins to stir, but before Kristoff can react Anna punches Hans. The townspeople bow to Elsa, and Anna and Elsa celebrate the return of light and love to Arendelle (FINALE).

### **PRESHOW QUESTIONS**

1. At first, Elsa and Anna loved to play with Elsa's ice powers. However, once Anna got struck, Elsa has felt scared of her powers. Every day she tries to conceal, not feel, her powers. If Elsa were your friend, what would you tell her? Would you encourage her to keep hiding her powers? Why or why not?
2. One of the wonderful things Elsa creates using her magic is Olaf! Olaf loves warm hugs, and all things hot…like SUMMER! What is your favorite season and why?

### **PRESHOW QUESTIONS**

3. Elsa and Anna are very close sisters. Do you have any siblings? What are some of your favorite activities to do or games to play with your siblings? If you don't have siblings, what do you like to do with your best friend?
4. The Hidden Folk in Frozen the Musical are the rock trolls from the Disney film 'Frozen'. However, these mossy trolls are based on Scandinavian folklore. Trolls are typically depicted as large, mean and not very bright creatures that try to trick humans. But the Hidden Folk in our musical and in the film are kind, magical creatures that help Elsa and Anna. What mythical creatures, besides trolls, have you heard stories about? Fairies? Unicorns? Mermaids? If you could redesign a traditional mythical creature, what new characteristics would you give them?

## LET IT GO MADLIB AN ELA ACTIVITY

The musical Frozen is based off the Disney movie 'Frozen' which was inspired by a fairytale written by Hans Christian Andersen called 'The Snow Queen'. These stories are called adaptations. Adaptations happen when artists are inspired by another story and create their own with the original story in mind. Adaptations can happen when a book is turned into a movie, a movie into a musical or a comic book being turned into a TV series.

Now is your chance to create your OWN adaptation below! Take a look at the 'Let It Go' Madlib on the next page. Fill in the blank spaces below with words that fit the requested parts of speech.



## Noun

A Person, Place or Thing

For Example: Mom, France, Dog.



## Verb

**An Action Word** 

For Example: Create, Write, Run



## **Adjective**

**A Descriptive Word** 

For Example: Warm, Fuzzy, Sticky



## Pronoun

A Word Used in Place of a Noun

For Example: She, He, They, Them, It

## LET IT GO MADLIB AN ELA ACTIVITY: CONTINUED



## MAKE YOUR OWN OLAF A STEM ACTIVITY

"Do you want to build a snowman? It doesn't have to be a snowman."

Before Olaf became the goofy snowball that he is, Anna and Elsa made him out of toys from their toy box. Here in Wisconsin, snow isn't always guaranteed to be on the ground. So, if Anna and Elsa lived here in Wisconsin, they might have to think of other ways to make Olaf!

For this activity, grab a trusted adult and head outside! You're going to look for ways in nature to build Olaf that doesn't require snow. Follow the steps below for ideas on how to do this.

#### **MATERIALS**

- A Trusted Adult
- Your Imagination
- A Camera (Optional)
- A Trash Bag and Gloves (Optional)



#### **DIRECTIONS**

- 1. With your adult, think of some places that you could go to outside. This could be the outside space directly in front of your home, your neighborhood, a local park, or the playground at your school!
- 2. Head on outside (make sure to invite your adult)! As you explore the outdoors, keep an eye out for things that could be used to sculpt your Olaf. These should be things found on the ground–like twigs, sticks, acorns, or pinecones that have already fallen to the ground, or rocks and sand. Maybe it's building Olaf out of sand. Maybe it's a few round rocks. Maybe it's arranging twigs, acorns, and other natural materials to be in the shape of Olaf. Feel free to get as creative as you'd like!

## MAKE YOUR OWN OLAF A STEM ACTIVITY: CONTINUED











Whenever you're exploring the outdoors, it's an important practice to act like you are a guest in someone else's home—because you are! The outdoors is home to a variety of wild animals. It's important to leave their home better than how you find it. We recommend bringing a trash bag along with you and, as you explore, picking up any trash and putting it into your bag to toss out when you get home.



#### **DIRECTIONS CONTINUED**

- 3. Create your Olaf! Once your Olaf is complete, make sure to take a picture to remember your journey and the fun times you had exploring the outdoors.
- 4. When you're all done, it is important to take apart your creation. As mentioned before, it's important to leave the outside better than how we find it. This includes taking apart anything that is human-made that isn't supposed to be there. If we leave our Olafs in nature, it could create an unsafe habitat for the different animals that live there. So, make sure to take a picture of your creation before you take it apart!

## FROZEN'S NORDIC INFLUENCE A SOCIAL STUDIES ACTIVITY

When designing a show located in a specific area of the world, it's important to recognize the cultural traditions of the location. In Disney's Frozen the North Huldra or the 'Hidden Folk' are based on old Nordic folklore from countries like Iceland, Norway, Denmark, Sweden and Finland. Disney was also inspired by these Nordic countries in their designs for the kingdom of Arendelle as well!

Let's take a closer look at some Nordic folklore and traditions. Let's see if you can match the folklore/tradition to the Nordic phrase!

This Swedish tradition serves as a Huldufólk \_\_\_\_ An enormous celebration of the summer solstice. This celebration involves raising a maypole serpent-like sea which the townspeople decorate with creature in Icelandic flowers and greenery. The Maypole is used ocean waters. to dance around and celebrate the Hygge brightest day of the year. Flower crowns are dawned, and good food is shared amongst the Swedish community Icelandic Elves. These supernatural Hafgúfa beings live amongst the beautiful Icelandic nature and look similar to humans. These tricky elves can make A horse-like being that can be seen themselves visible at will. Icelandic by the ocean water's edge. This people caution others to not throw **Nykur or** creature is mentioned in Icelandic stones, or walk on mossy areas as it and Norwegian folklore. But don't might accidentally hurt these invisible get too close, this mythical Nøkken shapeshifting horse has been known to lead folks to a watery Norwegians believe that Trolls these creatures live in mountains, forests and Indigenous people who live alongside caves. It's also believed that reindeer in upper Norway, Sweden, when they are exposed to Finland and Russia. These reindeer Midsommar sunlight, they turn to stone herders spend months in the freezing cold and can trace their roots all the way back to the ice age. In their culture,

Danish word that translates to the

English word, 'cozy'. This cultural tradition involves bringing warmth to the home during cold winter

months. This includes, playing

games with friends, eating warm

food and creating happy memories

The Sámi .

**Works Cited** https://visitsweden.com/what-to-do/culture-history-andhttps://www.nathab.com/blog/sami-reindeer-herders

MIDSOMMAR(B), THE SAMI(F) OR NØKKEN(D), TROLLS(E), HYGGE(G), HAFGUFA(A), NYKUR ANSWER KEY: HULDUFOLK(C),

reindeer are considered very sacred

animals.

## DESIGNING ELSA'S COSTUMES A TECHNICAL THEATER ACTIVITY

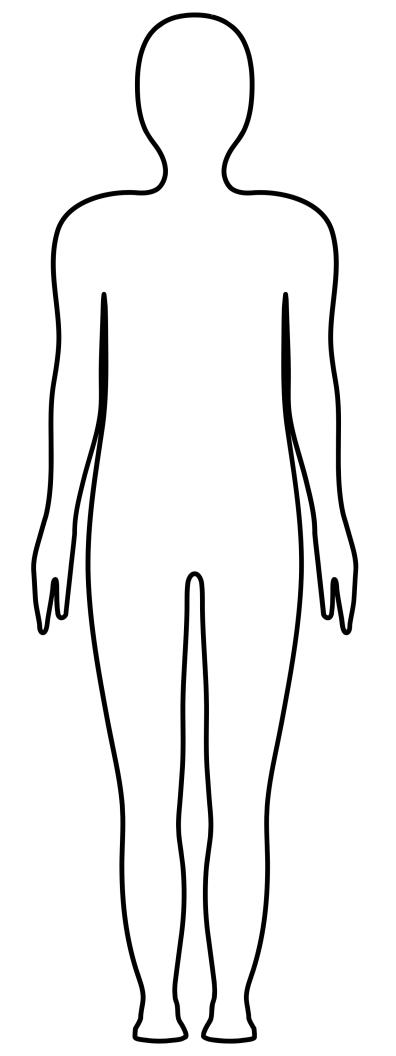
In Frozen we see Elsa in three different costumes or looks; her clothing as a child, her clothing for her coronation, and the clothing she wears when she lets it go. In this activity you will have the opportunity to learn how a costume designer creates different costumes for the same character.

Think about the images you've seen of Elsa. What does she look like in the movie? In the Broadway musical? In First Stage's musical? As a doll? At Disneyworld? How do you know that she is Elsa, even though she looks different and wears a different costume each time? Elsa is usually depicted with her hair in one long braid, and wearing blue. Often there are snowflakes incorporated into her look.

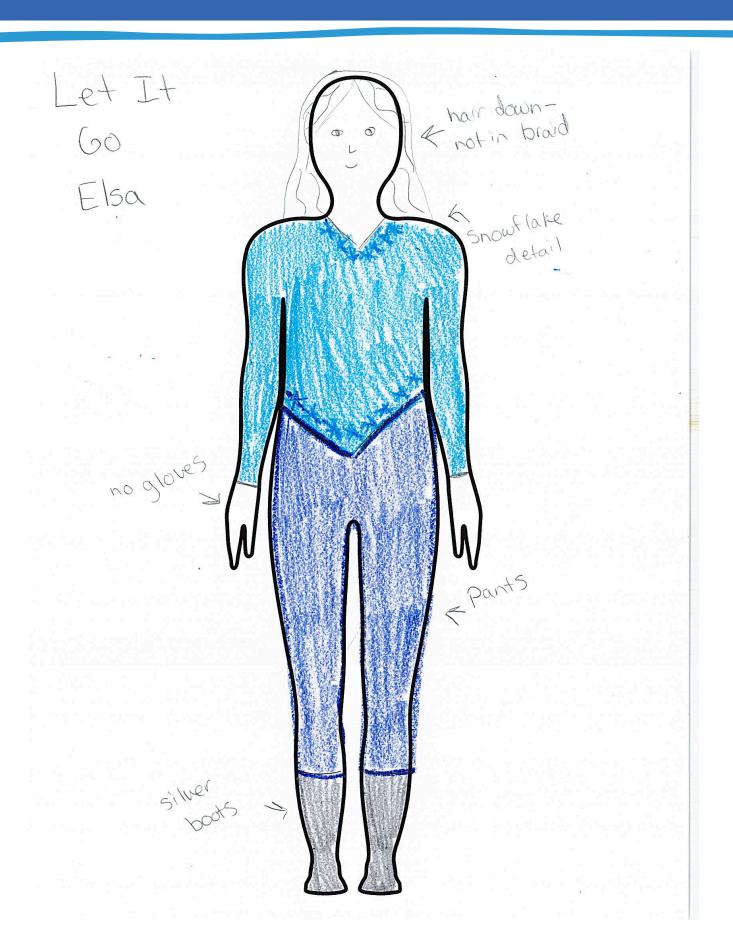
#### **DIRECTIONS**

Imagine you are the costume designer for a production of Frozen. Print out the costume design template on pg.15 of this Enrichment Guide, and design three costumes for Elsa: Young Elsa, Coronation Elsa, and Let It Go Elsa.

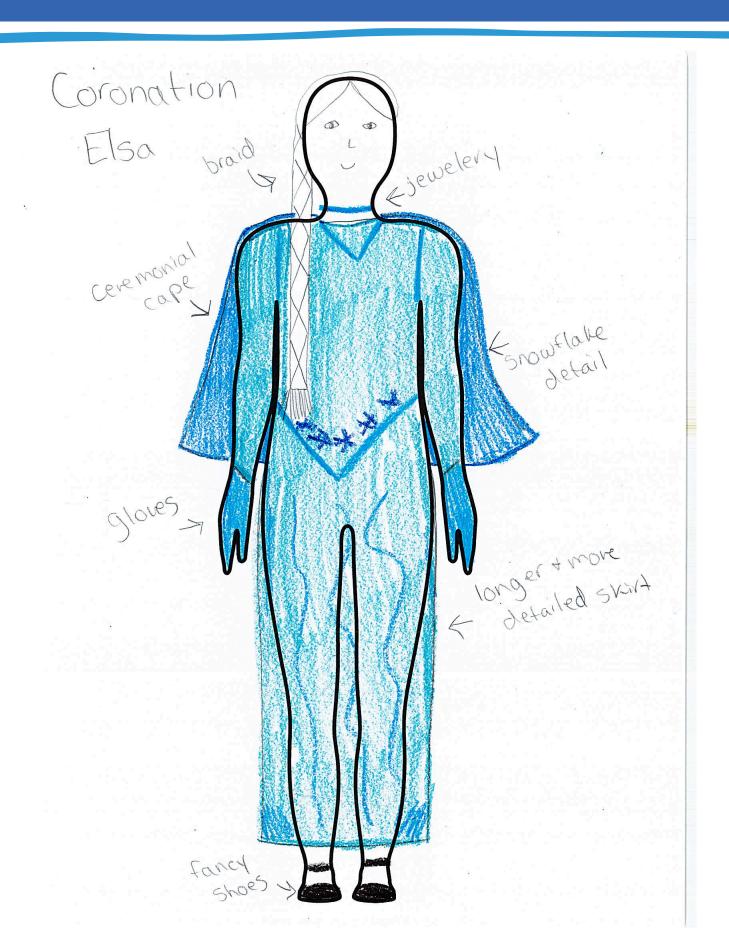




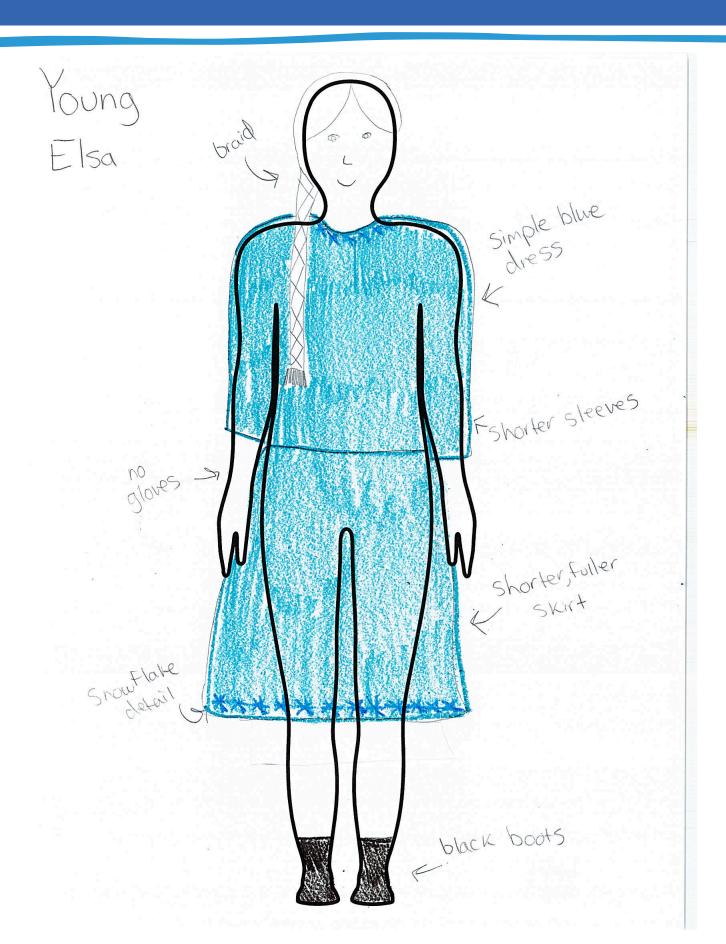
# DESIGNING ELSA'S COSTUMES EXAMPLE 1



# DESIGNING ELSA'S COSTUMES EXAMPLE 2



# DESIGNING ELSA'S COSTUMES EXAMPLE 3



### **POSTSHOW QUESTIONS**

1. The musical Frozen is based on the Disney movie 'Frozen'. Disney got their inspiration for their film from Hans Anderson's classic fairytale The Snow Queen. Which of these adaptations have you already seen? Now that you have seen the musical, which adaptation is your favorite? Why?
2. Hans tricked Anna into falling in love with him so he could take over the kingdom of Arendelle. Hans was very careful not to let his true self shine through his romantic façade. Can you recall the moments when you were suspicious of Hans throughout the musical? Did you see this plot twist coming or were you shocked to see that Hans was revealed to be the 'bad guy' all along?

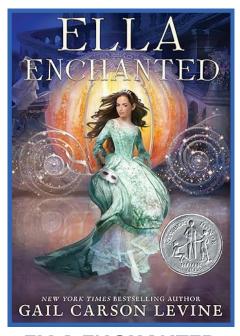
### **POSTSHOW QUESTIONS**

3. At one point in the show, Anna tries to talk to her sister Elsa in her ice castle, but Elsa begins a snowstorm that gets so out of control her magic powers strike Anna. Put yourself in Anna's shoes, what are some things you might say to Elsa to try and help her calm down? What are things you say to yourself to help you self-regulate when it feels like a storm is raging inside of you?
4. Kristoff's best friend throughout the show is his reindeer Sven. Kristoff uses a silly voice to bring Sven's thoughts to the outside world. Why do you think Kristoff's best friend is a reindeer? Do you think Kristoff's translations for Sven's thoughts are always accurate? Why or why not?

### WHO SAID IT?

- 1. "Some people are worth melting for."
- 2. "The sky's awake, so I'm awake, so we have to play!"
- 3. "Half off our short shorts, open-toed foot clogs, and a balm of my own invention for the repelling of the rays of the sun."
- 4. "Everything I thought I did, you've gone and changed it kid, you're what I know about love."
- 5. "A heart is not so easily changed, but a head may be persuaded."
- 6. "You should have listened to me. I've got good instincts. I know danger when I see it. Just like I know love when I see it."
- 7. "Love is putting someone else's needs before yours, you know, like how Kristoff brought you back here to Hans and left you forever."
- 8. "Let me tempt you with my tango."
- 9. "It's funny how some distance, makes everything seem small and the fears that once controlled me can't get to me at all."
- 10. "All I'm sayin' is when you go to climb a mountain, you don't just jump to the top."
- 11. "They're sisters; you can't expect them to stay away from each other."
- 12. "Hygge means comfortable. Hygge means cozy. Hygge means siting by the fire with your cheeks all rosy."

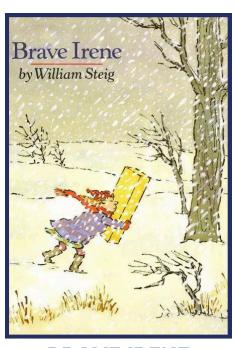
## RECOMMENDED READING



**ELLA ENCHANTED** by Gail Carson Levine



**SNOW SISTERS!** by Kerri Kokias

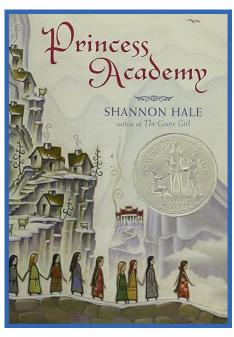


**BRAVE IRENE** by William Steig



**THE SNOW QUEEN**by Hans Christian Andersen





PRINCESS ACADEMY by Shannon Hale